more Breakfast

Montana - Small \$7.00 Large \$9.00 Grilled steak, onions, 2 eggs and cheddar cheese

Add grilled potatoes \$1.00 Salsa, sour cream & AK are free upon request.

Sides

Hummus & pita for two	\$ 6.00	
Chips & salsa for two	4.00	
Hummus & pita for one	3.00	
Extra meat	3.00	
Lamb	4.00	
Extra veggies	2.50	
Hummus	1.50	
Grilled pita	1.50	
Guacamole	1.50	
Chips	1.00	
Salsa, sour cream, extra cheese	.75	
Tzaziki, Greek or balsamic vinaigrette .75		
Tahini	1.00	
Fish sauce (jalapeños, yogurt, cilantro & lime	.75	
Spanish rice	1.50	
Brown rice	1.50	
Black beans	1.50	
Tortilla	1.00	
Roasted sunflower seeds	.25	

<u>Drinks</u>

Assorted juices	\$ 2.00
Assorted sodas	1.00
Bottled water	1.00
Coffee	1.00
Tea	1.00

Desserts

Homemade chocolate chip cookies \$ 1.00

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Keep an eye out for the Wrap and Roll on wheels!



www.WrapAndRollCafe.com



Dine In & Take Out Catering

Open 7 Days a Week 9:00 a.m. to 9:00 p.m. <u>SUMMER:</u> 9:00 a.m. - 10:00 p.m. <u>SUNDAY:</u> 9:00 a.m. - 7:00 p.m.

Located in front of the Downtowner Motel North of 3rd Street Market

224 Spokane Ave. Whitefish

862-7447

Paleo, Vegetarian & Gluten Free Options

Wireless Internet Available www.WrapAndRollCafe.com

Wraps and Bowls

Falafel Wrap - \$8.25

Homemade falafel, tomato, lettuce, sunflower seeds and red onion over brown rice, served with our lemon tahini sauce in a cilantro-basil tortilla. (Add feta - .75¢)

Greek Wrap - \$8.25

Tomatoes, cucumber, lettuce, Greek olives, feta cheese, red onion, brown rice, wrapped in a cilantro-basil tortilla with our tzaziki sauce/greek dressing. (Add chicken - \$3.00)

Thai Peanut Veggie Wrap - \$9.00
Assorted sautéed veggies, yams, sunflower seeds & curry over brown rice in a cilantro-basil tortilla with Thai peanut sauce.

(Add chicken - \$3.00)

Veggie Wrap - \$8.50

Assorted veggies sautéed with garlic, sunflower seeds & spices, served with brown rice in a cilantro-basil tortilla. Your choice of tzaziki or lemon tahini sauce. (Add cheese - .75¢)

The above 4 can be served over a bowl of rice.

BLT - \$8.50

Crispy bacon served with dill mayo, lettuce, tomato and pepperjack cheese wrapped up in a cilantro basil tortilla.

Turkey Apple Bacon - \$8.50

Crispy bacon, turkey, chopped apple, feta cheese served with dill, mayo, and balsamic vinaigrette wrapped up in a cilantro basil tortilla.

Pitas

Beef Gyro - \$8.50

Served in a soft grilled pita, topped with feta cheese, lettuce, tomatoes, cucumbers, grilled onions and tzaziki sauce/greek dressing.

Chicken Gyro - \$9.50 Lamb Gyro - \$11.00

Served in a soft grilled pita, each meat is marinated in lemon, olive oil, garlic & Greek spices, then grilled and topped with feta cheese, lettuce, tomatoes, cucumbers, grilled onion and tzaziki sauce.

Burritos

The Fatty - \$6.50

Beans, cheese, Spanish rice, & freshly made salsa.

The Fatty Supreme - \$7.00

Beans, cheese, Spanish rice,
freshly made salsa and sour cream.

The Ultimate Fatty Supreme - \$9.50 Beans, cheese, Spanish rice, freshly made salsa, sour cream and sautéed veggies.

Carne Asada - \$10.50

Beans, cheese, Spanish rice, freshly made salsa, sour cream and grilled steak and guacamole.

Chorizo Burrito - \$9.50

Beans, cheese, Spanish rice, freshly made salsa, sour cream and local "Farm to Market" chorizo sausage.

Fish Fatty - \$10.00

Grilled fish, cabbage, lettuce, beans, cheese, Spanish rice, our house fish sauce AK, dill mayo and salsa.

All of our burritos are served in a homemade flour tortilla.

Tacos

\$3.50 per Taco (except fish) \$4.00 Corn tortilla filled with lettuce/cabbage mix, pepper jack cheese, meat & their respective sauces.

Fish - yogurt, jalapeno, cilantro & lime

Chicken or Chorizo - house salsa

Steak - AK-47 sauce

Add rice and/or beans - \$1.50 each

Kids Menu

All Items \$4.00

- · Chubby (small Fatty no salsa) · Nachos
- · Bean & Cheese Burrito · Beans & Rice
- · Quesadilla · Grilled Cheese Pita

Salads

Side Salad - \$3.50 Small Green Salad.

Green Salad - \$7.50

Organic spring greens & romaine lettuce, red onion, tomato, cucumber and sunflower seeds with balsamic vinaigrette.

Greek Salad - \$8.50

Organic spring greens & romaine lettuce, tomato, red onion, cucumber, Greek olives, & feta cheese with Greek vinaigrette.

Souvlaki Salad - \$10.25 with chicken \$11.75 with lamb

Grilled chicken or lamb served atop a bed of organic spring greens & romaine lettuce with tomato, red onion, cucumber, feta cheese, balsamic vinaigrette and tzaziki sauce.

Add a grilled pita to any salad - \$1.50

Breakfast

Veggie - Small \$5.00 Large \$7.00 Sautéed broccoli, mushrooms, green peppers, red peppers, zucchini, onions, 2 eggs & cheddar cheese.

Bacon - Small \$5.00 Large \$7.00 Crispy honey smoked bacon, 2 eggs & cheddar cheese.

Chorizo - Small \$5.00 Large \$7.00 Local pork chorizo, 2 eggs & pepperjack cheese.

Ski Bum - Small \$7.00 Large \$9.00 Sautéed mixed veggies, chorizo, bacon, 2 eggs & pepperjack cheese.

The Big - Small \$7.00 Large \$9.00 Grilled potatoes, chorizo, 2 eggs & pepperjack cheese.

Greek - Small \$7.00 Large \$9.00 Sautéed onions, Kalamata olives, garlic, zucchini, tomatoes, 2 eggs & feta cheese.

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